

Sophie Fleming

Phone number: 07803539937 **GDC Number:** 277884

E-mail: sophiefleming78@gmail.com

National organisation: British Dental Association

Nationality: British/ Irish

Education

Diploma in Periodontics (2025, ongoing)

Royal College of Physicians and Surgeons of Glasgow, 2020

Member of the Faculty of Dental Surgery (MFDS)

The University of Bristol, 2013-2018. Bachelor of Dental Surgery (BDS)

University of West London, 2015 and 2012

Associate of the London College of Music (ALCM)- Distinction

Diploma of the London College of Music (dipLCM)- Distinction

Awarded in: speech, drama and communication

Employment History

Associate Dentist, William Place Dental Aesthetics (October 2022- current)

- Trainer for dental nurses
- Independent dental practice treating patients from a wide variety of demographics

Associate Dentist, Wanstead Village Dental (September 2021- September 2022)

- Large team which involved cooperation with a variety of dental care professionals including dental hygienists and therapists.
- Experience supervising foundation 'in training' dentists and therapists

Dental core trainee, Oral & Maxillofacial Surgery (September 2020-September 2021)

Dental core trainee, general duties (September 2019- August 2020)

- Regular teaching experience with undergraduates
- Redeployed to work in Accident & Emergency during the Covid-19 pandemic
- Involved in multiple research and quality improvement projects, on a local and national scale. First author research on systemic treatment for recurrent aphthous ulceration, presented nationally

Foundation dentist- MP dental practice (September 2018- August 2019)

- Full-time clinical duties in a dental practice setting
- Quality improvement project on the importance of periodontal disease in general health. Presented locally
- Research project on 'grit' and resilience within dental students as a marker for success and happiness

Work with British Dental Association

Students Committee

- Part of the committee responsible for organising the BDSA (British Dental Students' Association) conference in Bristol in 2017. Helped secure donations and partnerships with local businesses, helped to organise activities for 600 delegates

General Dental Practice Committee

- Elected to the General Dental Practice Committee as a pan-UK 'young dentist' member in 2021. Re-elected 2024.
- Key issues have included fighting to maintain the viability of our National Health Service (NHS) and concerns regarding 'over-regulation' and the effect on general practice

Young Dentist Committee

- I have been an active member of the Young Dentist Committee. A recent challenge has been raising concerns regarding a forced 'tie-in' that has been proposed which would make newly qualified dentists commit years to a failing NHS system
- Involved in presenting a webinar to help promote the work of the Association and to attract participation from other young dentists

Education and Ethics Committee

- Promoted the views of young dentists regarding current educational challenges
- Used my experience with skill mix to promote good cooperation with the dental team

International Affairs Committee

- Active Member since 2021, initially as a 'young dentist' representative
- I have had the opportunity to learn from experienced members of the committee
- I have attended meetings of the Council of European Dentists regularly since first beginning this post
- During this time I have been able to form networks with other national associations, and have enjoyed the opportunity to discuss issues of interest across Europe