



**BULGARIAN DENTAL ASSOCIATION  
SOFIA REGION BODY**

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***Regional European Organisation of FDI***

***National Report  
on the activities of 2025***

***Country: Bulgaria***

***Association: Bulgarian Dental Association***

*Please classify your national report by following subjects:*

*Changes:*

*Elections in the regional assemblies and national congress. Elected quite new regional boards and new national board, including president, vice presidents, general secretary and etc.*

*Trends and developments:*

*in professional politics – BgDA was the major part in the conversations with the Ministry of Health and state company “Information Services” worked and elaborated a bylaw on the mandatory implementing National Health Information System for dentistry. It started on January 1st 2025 and all the dentists have to give electronic reports for their everyday dental services. The second part of the year BgDA started*

*negotiations with National Health Insurance Company (NHIC) because the ending of contract 2022/2025 but political situation in Bulgaria isn't stable and the government failed. So, the negotiations stopped in November also and the national budget too because the next elections planned for April 2026.*

*In health and social politics – BgDA continues to work at Bulgarian National Health Strategy 2023. Almost the whole population of the country uses benefits from the contract between BgDA and NHIC but*

like in many other countries the density of dental coverage in rural regions is extremely low and in these regions are living people with poor social and financial state. This will be the future challenge to BgDA.

***in educational politics*** – No changes in the governance of Dental Faculties

***in the insurance system (incl. the public health insurance and private insurance schemes)*** –

*The public health insurance system is the essential one in Bulgaria. Every year BgDA is negotiating with the National Health Insurance Fund concerning the budget, the prices of dental services and the texts in the National Frame Contract for Dental Services. The process includes strong lobbying in the Bulgarian Parliament for the dental budget. The National Frame Contract for Dental Services for 2025 increased with 15,5% compared to the budget 2024, respectively and the prices of the dental services for 2025.*

*Private insurance companies often offer corporate additional health insurance packets, but these packets are contracted individually between insurance companies and interested companies for employees, sometimes for family members too. These contracts can be found only in big and rich companies: IT, finances, etc. Also usually packets are restricted to certain services and with limited amount for reimbursement.*

***Corporate Dentistry***

***position of NDA towards dental chains***– only one dental chain in Bulgaria and succeeded to infiltrate in elections of Sofia and national level

***Changes in fees:*** No changes. We tried to make it higher, but the National Congress didn't accept.

***Information regarding promotion of the World Oral Health Day:***

*Events in regional bodies of BgDA, publications in the BgDA website, newspaper etc., posters translated in Bulgarian published and spread among members, interviews in mass media.*

***Further information(activities):*** When is needed the President and/or the responsible Vice-President were attending the Commission of

*Health of the Bulgarian Parliament and expressing BgDA opinion future legislation concerning health, financing etc. Big impact The Ministry of Health insists the competent opinion of BgDA on laws and bylaws concerning health.*

***hat are your 3 main concerns?***

*Appearance of new regulated professions in dentistry—for example in Bulgaria –Bulgarian Association of Dental (Lab) Technicians. The problems are that the dental lab technicians are eager to do expropriate activities (CAD CAM systems and 3 D printers to be used only by the dental lab technicians) and to be active player in the National Health Insurance Contract. BgDA continues to work at this so important problem.*

***3 points you would like to discuss***

*Artificial Intelligence in Dentistry and the reflection on the profession and dental team.*

Dr.Iliyana Gladkova  
General Secretary of BgDA, Sofia region  
NLO for BgDA