

# National Report on Activities – 2025

---

## General Information

**Country:** ROMANIA

**Association:** ROMANIAN SOCIETY OF STOMATOLOGY

**Reporting Period:** January–December 2025

**Contact Person (Name / Position):** PROF. DR. PAULA PERLEA - PRESIDENT

**Email Address:** PAULA.PERLEA@GMAIL.COM.....

**Date of Submission:** 17/02/2026

---

## Instructions

Please complete this form clearly and concisely. Where applicable, you may attach additional documents or provide references. If a section is not applicable, please indicate "N/A".

---

## 1. Changes in the Association and Its Organisation

Please describe any significant structural, strategic, leadership, or membership-related changes during 2025.

There are no changes in our Association, during 2025

---

## 2. Main Concerns

Please list the three most important concerns currently facing your association.

1. Bureaucracy
2. In Romania, the burden of oral disease is particularly heavy due to gaps in healthcare access and education. The lack of funding from the National Health Insurance Company represents also an important factor.

3. Botox and Fillers cannot be performed anymore by dentist unless they are attending a course which was never organized until now.
- 

### 3. Key Discussion Points

Please indicate three topics or issues you would like to discuss at international level.

a) Corporate Dentistry - the endorsement / accreditation of a dental clinic without a medical management – case studies within ERO Region. Normally, the administrator of such a private practice must be a doctor and the activity of the private clinic is represented only by the provision of dental care services, according to a generally accepted code system across the European Union.

b) The Guide to Good Practices on Advertising – case studies within the ERO Region. Through its regulations, such document may balance freedom of expression and the right to information with the principles of medical ethics, ensuring correct communication between doctor and patient. Compliance with these rules contributes to strengthening the image of the profession and protecting patients against manipulative or unethical information.

c) Continuing medical education systems for dentists – case studies within the ERO Region. Many scientific events provide educational certificates that can be submitted for CME/CPD recognition to local authorities, but not always are recognized by the national dental board/accreditor.

---

### 4. Trends and Developments

Please describe relevant trends and developments in the following areas:

#### a) Professional Politics

Currently, Romania has about 19 million inhabitants (as of United Nation statistics) and there are 21.601 active dentists.

8 dental specialties, as well as dental auxiliaries including dental technicians and dental chairside assistants are recognized and widely used in Romania. Continuing professional development is mandatory and administered by the CMSR (Romanian Dental Council).

In each private practice it is mandatory to have an emergency kit. CMSR Decision no. 2/2CN/20.03.2025 represents an essential step in ensuring a high professional standard in the dental field. By clearly establishing the contents of the emergency kit and the obligations of the registered doctor, his ethical and legal responsibility towards the patient is strengthened. The emergency kit is not just an administrative requirement, but a vital tool for prevention and medical safety. Compliance with this regulation contributes to improving the quality of the dental act and protecting the lives of patients.

The 2025 Code of Ethics of Dentists, developed by the Romanian Dental Council (CMSR), establishes the rules of professional and moral conduct that must be respected by all practitioners.

The 2025 update reflects the new realities in the medical field, public communication and the relationship between doctor and patient, promoting integrity, transparency and responsibility.

The code regulates essential aspects of the relationship between the dentist and the patient, colleagues and society.

- The doctor-patient relationship is based on trust, respect and open communication. The doctor has the obligation to provide the patient with complete information regarding the diagnosis, treatment and related costs, ensuring informed consent.
- Professional advertising is permitted only within ethical limits, with misleading, comparative or denigrating statements against other doctors being prohibited.
- Fees must be established transparently and proportionate to the complexity of the medical act, without compromising the quality of the professional act.
- The doctor has the obligation to maintain professional competence through continuous training and updating of knowledge.

The Romanian Dental Council has the power to exercise disciplinary and deontological control over its members. Deviations from the rules of the code may be sanctioned with a warning, temporary suspension of the right to free practice or even exclusion from the profession, depending on the seriousness. Disciplinary procedures are carried out by the ethics and discipline committees of the CMSR, in compliance with the principles of impartiality and confidentiality.

The Guide to Good Practices on Advertising, adopted by CMSR Decision no. 4/2CN/30.05.2025, represents an important step in modernizing the ethical and professional framework of Romanian dentistry. Through its regulations, the document balances freedom of expression and the right to information with the principles of medical ethics, ensuring correct communication between doctor and patient. Compliance with these rules contributes to strengthening the image of the profession and protecting patients against manipulative or unethical information.

The Guide establishes the difference between public information and excessive commercial advertising. The following are considered acceptable:

- Correct presentation of the services offered, recognized specialties and forms of organization of the practice;
- Use of websites and social platforms for professional information, in compliance with confidentiality rules;
- Publication of clinical images only with the patient's written consent and with complete anonymization of personal data;
- Use of the official logos and names of the CMSR and of the legal forms of organization.

The following are prohibited:

- Advertising that guarantees the success of the treatment or promises absolute results ("guaranteed perfect teeth", "painless implant", etc.);
- Defamatory or derogatory comparisons between doctors or clinics;
- Use of unauthorized titles (e.g. "internationally certified implantologist" without legal recognition);
- Use of influencers, paid testimonials or advertising content disguised for commercial purposes.

For the online environment, the guide provides strict rules regarding the digital identity of the practice: the name of the websites or pages cannot be generic ("celmaibunstomatolog.ro"), but must reflect the real professional identity of the doctor.

The application of the Guide to Good Practices has significant effects on the way in which dental practices carry out their communication and marketing activity. Doctors must review all promotional materials, ensure their compliance with the CMSR norms and avoid any form of advertising that could be considered misleading or exaggerated. At the same time, the guide offers the freedom to communicate transparently and professionally, for the benefit of the patient, without affecting fair competition between practices.

The Romanian Dental Council strengthens, through this decision, its role as guarantor of professional ethics and authority in the field of ethics. The CMSR, through its territorial and national commissions, has the power to analyze complaints regarding violations of the Advertising Guide, to issue warnings and, in serious cases, to apply disciplinary sanctions. The Guide thus functions as a reference tool in the evaluation of the public conduct of the dentist.

## **b) Health and Social Politics;**

Romania continues to have the lowest budget for healthcare among the EU member states. While the EU average for health is around 9.6% of GDP, Romania's health expenditures are less than half of this percentage.

The National Health Insurance House (CNAS, Casa Națională de Asigurări de Sănătate) oversees and manages national health insurance, and currently also streamlines services delivered by Regional Health Insurance Houses. Local health authorities are responsible for managing healthcare programs and regulations at the regional level.

The Romanian Dental Council (CMSR) is responsible for the surveillance and monitoring of the quality of oral healthcare.

All Romanian residents are entitled to compulsory social health insurance. Public health insurance is financed by workers through payroll tax contributions. The following groups are exempt from paying monthly social contributions, including children and young people up until 18 years old, unemployed, people with disabilities or chronic conditions.

Overall, the share of healthcare expenditure with total Gross Domestic Product (GDP) remains under the average healthcare spending in the European Union.

Approximately 95% of dental care services in Romania are privately funded through either out-of-pocket payments or subscription to private voluntary health insurance schemes. Approximately 5% of dental care is provided through public funding.

Additionally, informal payments in healthcare settings remain common practice in Romania.

Limited public dental care is therefore available to insured individuals by the National Health Insurance House (CNAS), within state-run clinics and hospitals. Insured services include emergency care, extractions, basic preventative care services, encompassing annual check-ups and dental hygiene. Co-payments prevail for most services.

Existing state programs offer some free dental care services to children, veterans and some citizens with a diagnosed chronic illness. The National Oral Health Program, introduced in 2013, delivers free dental check-ups and preventive treatments for children up to the age of 18 for at-risk groups in rural areas.

Romania's healthcare system faces ongoing challenges related to outdated infrastructure, high out-of-pocket payments including for dental care, shortages of healthcare workforce and uneven distribution of professionals between urban and rural areas.

### **c) Educational Politics**

— To enter dental school a Romanian (citizenship) student needs to be a high school graduate and present the Romania Baccalaureat certificate or proof of completion of secondary school and pass an entry examination.

It is possible for non-nationals to study dentistry in Romania in English, French, Hungarian (1 school) or Romanian. Admission is based on application file selection and on an examination, consisting of tests in human anatomy and physiology, organic chemistry/physics.

— Dental schools are structured as Dental Faculties within Universities of Medicine and Pharmacy. There are currently 14 different dental schools located across Romania, including 10 public schools and 4 private schools,

Number of schools: 14  
Student intake: 2.180  
Number of graduates a year: 2.045  
Gender balance (% of female students): 75%  
Duration of studies: 6

Publicly funded schools include Bucharest, Cluj-Napoca, Iași, Timișoara, Târgu-Mureș, Craiova, Constanța, Sibiu, Oradea, Galați.

— Four privately funded schools also offer dental undergraduate programs in Romanian and English. These are located in the city of București, Iași, Arad and Targu Mures.

All dental schools in Romania offer programs for non-Romanian and international students. A wide choice of courses is available for non-Romanian speaking students, including courses taught in English, French and Hungarian.

Students can have access to competitive state-funded programs, covering the fees of dental universities. However, access for funding is based on performance and ranking national exams. Tuition fees for Romanian-taught programs can however vary from 2.000 to 4.000€ a year.

For non-Romanian students, following dental programs taught in English, French or Romanian, tuition fees can range up to 10.000 € a year in public universities.

Fees for English-taught undergraduate dental courses can range up to 12.000€ a year in private universities.

Every state funded faculty also has the right to manage a limited number of private places for students each year for both budgeted and fee-paying students.

Quality of training is monitored and accredited by the National Agency for Quality Assurance in Higher Education (ARACIS), and overseen by the Ministry of Education.

Upon qualification, the graduates received the title of Doctor of Dental Medicine (Diploma de licenta in Medicina Dentara).

The Romanian Dental Council (CMSR, Colegiul Medicilor Stomatologi din România) is responsible for the regulation of dental care, including the registration and the provision of licences to dentists. All dental practitioners must register under the CMSR.

The general trend of the evolution of medical education in Romania places dental medicine on one of the first places, both in necessity and addressability.

Diplomas from other EU countries are recognized without the need for any vocational training. The Romanian Dental Council registers all dentists and all dental specialists.

It is mandatory to know Romanian to be registered with the CMSR. EU citizens must pass a written and oral evaluation test in order to be able to perform dentistry in Romania.

Continuing education is compulsory for all dentists and is regulated by the CMSR. Every dentist must undergo 200 hours of continuing education in every 5-year period. If they do not achieve this the Romanian Dental Council (CMSR) has the legal obligation to end the right of the dentist to practice. Digital education platforms have significantly developed since the Covid-19 pandemic with access to remote learning.

The regulation of Continuing Medical Education is based on the following mechanism: the CMSR annually authorizes the dental professional associations and the lecturers. A lecturer is allowed to provide courses and/or hands-on demonstrations credited by the CMSR, on specific subjects only, under the organizational supervision of a professional dental association.

For entering specialist training, dentists must have only their licensing diploma, as there is no vocational training and also take a national exam that is organized by the Ministry of Health.

Education of dental specialists is defined and regulated by the Ministry of Health.

7 dental specialities and 1 medical-dental speciality are recognised in Romania:

- Dento-alveolar surgery – 3 years
- Orthodontics – 3 years
- Endodontics – 3 years
- Pediatric dentistry – 3 years
- Periodontology – 3 years
- Prosthodontics – 3 years
- General Dentistry– 3 years
- Oral and maxillofacial surgery – 5 years

The general trend of the evolution of medical education in Romania places dental medicine on one of the first places, both in necessity and addressability.

## d) Insurance System

General and oral health care depends on the compulsory membership of each insured citizen in the Social Health Insurance System. The whole population is insured and contributes a monthly fixed amount of their salaries to the National Insurance Company, directly proportional to the level of the salaries.

The different level of contribution to National Health Insurance System generated by the different levels of salaries does not affect the quantity or quality of the health care services.

The system of public health insurance provides a standard package of general and oral healthcare as established by law.

At the end of each year, the management of the National Health Insurance Company negotiates with the CMSR and establishes the expenditure for the different medical specialties (hospitals, general practitioners, specialties, emergencies, dentistry).

Almost 90% of all dentists become private practitioners and 60% of dentists are owners of their dental offices and the rest of 30% are employed in the dental offices. 10% of dentists work as employees in primary schools and dental faculties. Just 10% of the Romanian dentists, owners or non-owners of their dental offices, work under the National Health Insurance Company. The other 90% of the dentists work in a completely liberal (private) system, with direct payments from patients only. It is estimated that patients directly pay at least 90% of the costs of dental treatments.

The public health insurance system provides cover for all prevention and treatments for children and young people, until they turn 18.

---

## 5. World Oral Health Day Promotion

Does your association promote World Oral Health Day?

Yes     No

If yes, please describe the type of activities (e.g. campaigns, events, media outreach, partnerships):

The first day of our Congress, which will be held in Bucharest, from 20-22 of March 2026, will be dedicated to WOHD and the participants will receive a diploma for the Celebration of WOHD 2026.

The Congress of the Romanian Society of Stomatology, held from 20 to 22 March 2026, is the annual scientific event of the Romanian Society of Stomatology and one of the most important professional meetings for dental practitioners in Romania. The congress brings together dentists,

specialists, academics, and opinion leaders for three days of continuing education, scientific exchange, and professional networking.

The event is organized in a hybrid format, allowing participation both in person in Bucharest and online, and is accredited by the Romanian Council of Dentists, offering 24 continuing medical education credits. The scientific program focuses on modern protocols, materials, and techniques used in current dental practice and includes lectures, clinically oriented presentations, case discussions, and interactive sessions across multiple fields of dentistry, such as periodontology, endodontics, prosthodontics, pediatric dentistry, oral surgery, and digital dentistry.

Through its comprehensive program and high-level speakers, the congress aims to support professional development, promote evidence-based practice, and encourage the exchange of knowledge and experience among dental professionals, continuing the long-standing tradition of the Romanian Society of Stomatology in advancing dental medicine.

<https://dent4all.ro/>

Signature (optional): .....

Official Stamp (if applicable): .....

